




Swimming Pool Timetable

January 2022

Monday

7:00 - 8:00 am	Advanced 25m Lanes
7:05 - 8:05 am	Masters
8:00 - 9:00 am	25m Open Session
9:00 - 10:00 am	School Lesson 
9:00 - 4:00 pm	Family Swim
9:45 - 10:30 am	Adult Lessons
1:00 - 2:00 pm	School Lesson 
4:00 - 6:00 pm	Centre Lessons (Ps)
6:00 - 8:00 pm	25m Open Session
7:00 - 8:00 pm	Swim Club 
7:45 - 8:30 pm	Advanced 25m Lanes
8:45 - 9:30 pm	Adult Lessons

Public use 10:00 am - 2:00 pm

Thursday

7:00 - 8:00 am	Advanced 25m Lanes
7:15 - 8:15 am	School Lesson 
8:00 - 9:00 am	School Lesson 
8:00 - 9:00 am	25m Open Session
9:00 - 4:00 pm	Family Swim
9:00 - 10:00 am	School Lesson 
12:00 - 12:40 pm	Aqua
1:00 - 2:00 pm	School Lesson 
2:00 - 3:00 pm	School Lesson 
3:00 - 4:00 pm	School Lesson 
4:00 - 5:00 pm	Centre Lessons (Ps)
5:00 - 8:00 pm	Swim Club
5:00 - 8:00 pm	25m Open Session
8:00 - 9:30 pm	Advanced 25m Lanes
8:30 - 9:30 pm	Triathlon Training



Public use 10:00 am - 2:00 pm & 8:30 - 9:30 pm

Tuesday

7:00 - 8:00 am	Advanced 25m Lanes
7:05 - 8:00 am	School Lesson 
8:00 - 9:50 am	25m Open Session
10:00 - 4:00 pm	Family Swim
9:00 - 10:00 am	School Lesson 
10:00 - 11:00 am	School Lesson 
11:00 - 12:00 pm	School Lesson 
12:00 - 12:40 pm	Aqua
1:00 - 2:00 pm	School Lesson 
3:00 - 4:00 pm	School Lesson 
4:00 - 6:00 pm	Centre Lessons (Ps)
6:00 - 8:00 pm	Swim Club
6:00 - 8:00 pm	25m Open Session
8:00 - 9:30 pm	Advanced 25m Lanes
8:30 - 9:30 pm	Masters

Public use 11:00 - 3:00 pm & 8:30 - 9:30 pm

Friday

7:00 - 8:00 am	Advanced 25m Lanes
7:30 - 8:30 am	School Lesson 
8:00 - 9:00 am	25m Open Session
9:00 - 4:00 pm	Family Swim
9:00 - 10:00 am	School Lesson 
9:50 - 10:30 am	Aqua
3:00 - 4:00 pm	School Lesson 
4:00 - 5:00 pm	Centre Lessons (Ps)
5:15 - 6:15 pm	Autism Friendly Hour
6:15 - 7:15 pm	Swim Club
6:30 - 8:30 pm	25m Open Session

Public use 7:00 am - 2:00 pm, 5:15 - 6:15 pm

Wednesday

5:45 - 7:00 am	Advanced Masters*
7:00 - 9:00 am	25m Open Session
9:00 - 12:00 pm	Family Swim
9:00 - 10:00 am	School Lesson 
9:45 - 10:30 am	Adult Lessons
11:00 - 12:00 pm	School Lesson 
12:00 - 12:40 pm	Aqua
1:00 - 4:00 pm	Family Swim
1:00 - 2:00 pm	School Lesson 
4:00 - 6:00 pm	Centre Lessons (Ps)
6:00 - 8:00 pm	25m Open Session
6:00 - 8:00 pm	Swim Club
7:00 - 8:00 pm	School Lesson 
8:00 - 8:40 pm	Aqua
8:45 - 9:30 pm	Adult Lessons

Public use 9:00 - 3:00 pm

Saturday

10:00 - 12:45 pm	Centre Lessons (Ps)
12:55 - 1:50 pm	Advanced 25m Lanes
2:00 - 5:30 pm	Public Swim

Public use 2:00 - 5:30 pm




Sunday

10:15 - 5:30 pm	Public Swim
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Public use 10:15 am - 5:30 pm

Ps - Private Session pool closed

Pay-as-you-go hours as indicated by public use times, all other times are members only

   **Green, amber and red lights** indicate how busy the pool will be during school lessons

*Pre booking for advanced masters is compulsory